

## PRO'S PLAYBOOK

# TAP PENALTY MOVE

Ben Ryan explains how to use a good old-fashioned tap-penalty move to create try-scoring opportunities

A PRO MOVE THAT YOU CAN TRY OUT



### THE PRO

Ben Ryan is head coach of the globetrotting England Sevens team

### WHAT'S THE OBJECT?

To engineer space by dragging defenders out of position, then surprising them with blind-side or open-side attacking options.

defence, identify where the space is and play what's in front of them.

### KEY POINTS

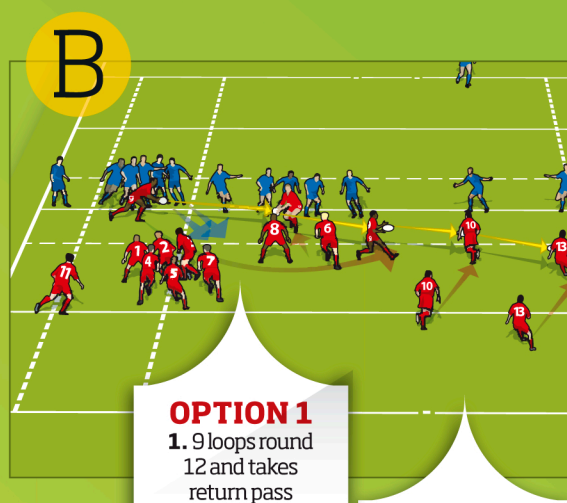
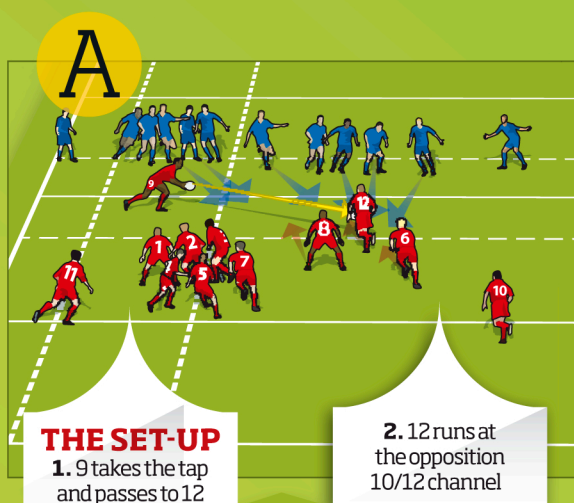
**Communication:** keep it simple, early and precise.

**Intent:** do it with purpose.

**Mindset:** aim to break the line and score, rather than deliberately create a breakdown.

### HOW IT WORKS

Depending on the maturity of your team, you can use a pre-set call, but it works best if players scan the



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