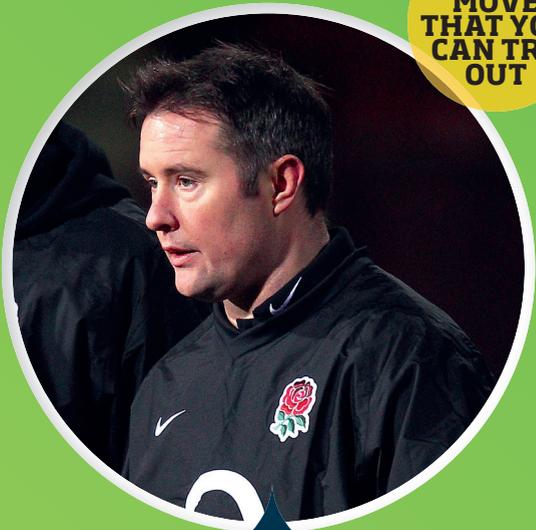


# RANGI STRIKE OPTIONS

Nick Walshe shows how to run a Rangi strike move with four separate try-scoring options

A PRO MOVE THAT YOU CAN TRY OUT



**THE PRO**  
Former Bath and England scrum-half Nick Walshe is now the England U20 backs coach

**WHAT'S THE OBJECT?**

To score a try off a scrum or lineout by attacking opponents in three areas

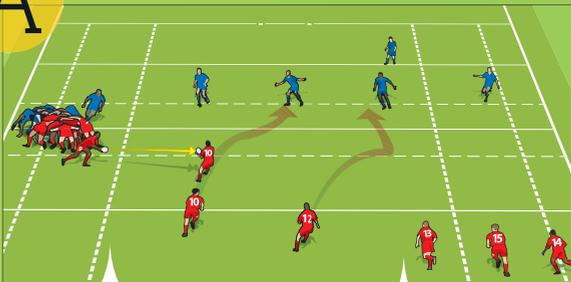
**HOW IT WORKS**

10 attacks 12, while 12 attacks 13 and 13 attacks the 10/12 channel. 11 adds to the confusion, and provides another option, by running behind 12

**KEY POINTS**

10 has to attack the line while assessing the best option; whether to go himself, or which strike runner to hit. 12 has to run at their 13's inside shoulder, 13 must run hard and late. 11 must take pass behind 12's back to go through gap between their 13 and 11 or put his 14/15 away

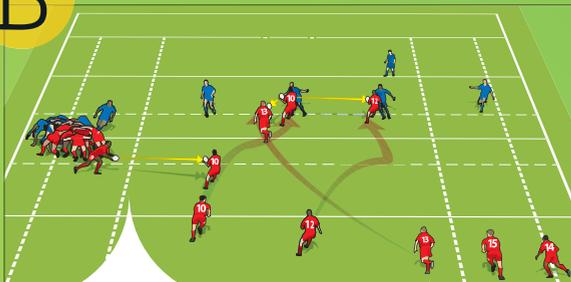
A



**PLAY A**  
1. 9 hits 10, who attacks 12 on angled run

2. 12 follows 10's line, running at 13's inside shoulder

B



**PLAY B**  
1. 13 picks a late line to attack the 10/12 channel

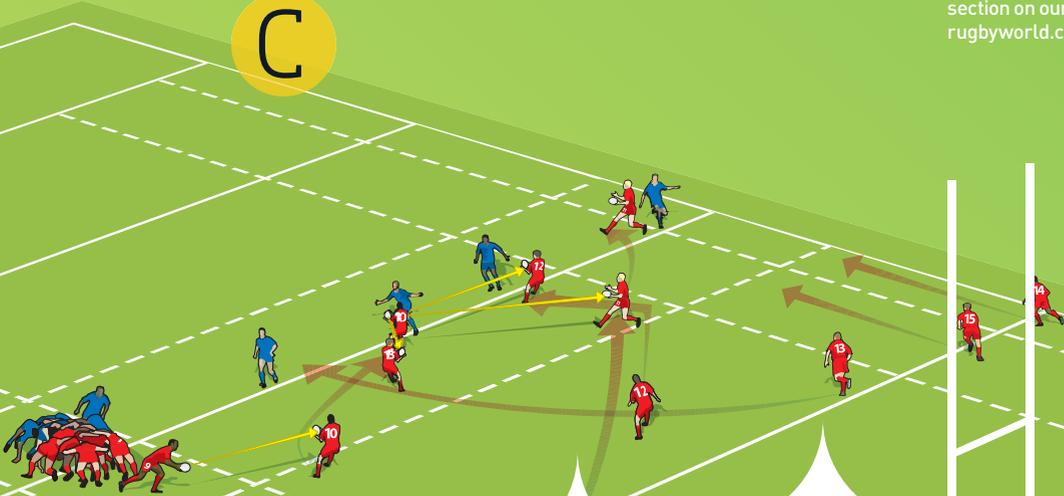
2. 10 can pass to 12 or run a switch with 13



**NOW ONLINE**

For more advice on drills, fitness and coaching, including videos and diagrams, see the advice section on our website - [rugbyworld.com/takingpart](http://rugbyworld.com/takingpart)

C



**PLAY C**  
1. 11 runs a line behind his own 12

2. 10 can hit 12, 13 or 11 out the back