

## MEDIUM ROUTE

# DYFI FOREST, MID-WALES

23.6km (14.6 miles)

### WAY TO GO

#### 01 **START (OL23/SH755078) Corris Railway Museum, Corris.**

Leave the car park heading towards Corris's main street, Maes Yr Orsaf. Turn R onto the main street until you reach the X-roads at Slaters Arms. Turn R at the X-roads and descend steeply down the narrow street, cross the bridge over the Afon Dulas and continue along Minffordd Street until the road meets the fire road for the second time. Take a hard L off the road and onto the broad fire-road climb.

#### 02 **(SH773082) Moel Heulen. Distance so far: 4.45km**

Climb for 20 minutes on fire road, staying R on the three following forks. At the fourth and final fork, stay R and turn R again at the hairpin. At the summit, take a R onto section eight of the Climachx Trail, following the red arrow. Ride section eight until it finishes. Take a L onto the fire road until you reach the Climachx car park. Follow the route markers and ride sections one to five.

#### 03 **(SH796081) Forest Road. Distance so far: 14.85km**

As the Climachx Trail rejoins the forest road, turn R, descending towards the L hairpin turn. Stay L at the next junction and climb towards the derelict farmhouse at Esgair Llewelyn. Note the teepees in the fields. Pass through the farmyard and turn L onto the old drovers' path up the valley. As the hill tops out, rejoin the forest road, pass through the gate and continue to another derelict farmhouse with a pond.

#### 04 **(SH786096) Derelict farmhouse. Distance so far: 18.78km**

Turn L at the farmhouse and pass through the gate to the R of the sheep pen. As the track turns R, follow the faint path off to the L across the pasture to the gated entrance to the woods. Pass through the gate and descend the woodland singletrack until you meet the next junction at the valley floor. Take the L hairpin down to the river and cross the bridge. Follow the path up onto the road, taking a L towards Aberllefenni. Turn L at the junction back towards Corris.

**TOTAL DISTANCE: 23.6KM (14.6 MILES) TOTAL ASCENT: 843M (2,765FT)**



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### GETTING THERE

Corris is just off the A487, one of mid-Wales's primary trunk routes. From the north, or northwestern England, head to Chester on the M53 then via Mold, Ruthin and Bala on the A494. From the west, head along the M54 through Shrewsbury and follow the A5, then A458 to Mallwyd, then loop around either the A489 or A470 to Corris. Car or van is the best means of transport.

### BEST TIME TO GO

Proximity to the sea, plantation forest and the rocky terrain means the Dyfi Forest is a good year-round option.

### MAPS & GUIDEBOOKS

Memory Map V5 OS Landranger (1:50,000)

OS Landranger 124 Porthmadog and Dolgellau (1:50,000)

OS Explorer 23 Cadair Idris and Llyn Tegid (1:25,000)

### REFRESHMENTS

Andy and Adam's Village Shop and Cafe in Corris offers probably the best flat white for 50 miles. [andyandadam.co.uk](http://andyandadam.co.uk)

### FACILITIES

Dolgellau and Machynlleth offer the best options, although our guide Dave and the cafe owners above do have a holiday cottage geared towards mountain bikers. All info can be found on the 'Bike Corris' Facebook page until their website goes live.

### OTHER OPTIONS

Llandegla is a fantastic option in poor weather. Coed y Brenin is just north and west of Corris. Nant yr Arian is just west of Aberystwyth. Cadair Idris's pony path and the peak at its eastern end gives one of the finest views anywhere if the sun is out.