

 /LarkhillEquestrian

15 AUGUST 2016

#salisburyhospice #rideforhannah



**Larkhill Charity Schooling Day**

Pick your phase or do all three!

for the Benefit of

**Salisbury Hospice** and **Willberry's Wishes**

**Monday 15<sup>th</sup> August 2016**

09:00-17:00

Royal Artillery Cross Country Course, Larkhill,  
SP4 8QT

Organiser – Mrs Ali Welsh

07785506262

ali@aliwelsh.com

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## WHAT TO DO?

### DRESSAGE

#### Dressage Clinics 0900-1200

**1 x 30 minute clinic with Dressage Trainer HELEN WILLIAMSON- £25**

Format – The trainer will help you warm up for 10 minutes, watch you ride a pre-learned test, discuss your test, give advice for improvement and then you will re-ride the test with a 5 minute discussion to finish. You do not need to plait or be dressed for a test if you do not wish to, this is just schooling. PYO test and bring it with you so the trainer can follow it.

Sessions available: 0900, 0930, 1000, 1030, 1100, 1130.

#### Dressage Practice Arenas

**1 x 30 minute session - £15**

Format – 20m x 40m fully marked and boarded grass arenas will be available for 30 minute sessions from 1230-1630 on a first come first served basis. Come and practice your test riding in a 20m x 40m grass arena, ready for your next competition. No external instructors allowed. No dress code.

### SHOW JUMPING WITH LUCINDA FREDERICKS OR LOUISA LOCKWOOD

#### Show Jumping 0930-1200

**1 x 45 minute clinic with show JUMPING LUCINDA OR LOUISA - £50 this session can be shared with one other if you wish, please say on the entry form.**

Format – You warm up outside in the warm up arena before your slot. Discuss the course with the trainer, jump the course, discuss improvements and re-jump as required and discuss. Back protector recommended. Please dress you and your horse according to BE rules. [www.britisheventing.com](http://www.britisheventing.com)

Sessions available: 0930, 1015, 1100, 1145.

#### Show Jumping Clear Round 1300-1700

**2 rounds of show jumping - £15**

Format - Please see approximate timings below:

70cm: 1300-1400

80cm: 1400-1500

90cm: 1500-1600

100cm: 1600-1700

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### CROSS COUNTRY

Cross Country Clinics 0900-1230

1 x 90 Minute XC clinic with trainer - **£50**

Format – Groups of 4 of similar ability. Please warm up but do not jump; be ready to begin at 0900 prompt. Meet your trainer at the start box. Bring any bits and equipment that you might need to swap around. Back protectors are compulsory. Please dress you and your horse according to BE rules. You will be asked to sign a disclaimer upon arrival at the booking office.

Cross Country Clear Round 1300-1700

1 horse - **£15**

Format – Pick your own height and make your way around the course at your own speed, re-jumping as necessary. Please make way for anyone who needs to pass. There will not be jump judges on all fences, but there will be stewards at various points on the course. The course will be flagged and numbered.

OR ALL 3? PRACTICE YOUR DRESSAGE, HAVE A SJ LESSON AND THEN AFTER LUNCH HAVE A RUN ROUND THE XC ALL FOR £55.00 !!! BARGAIN!

### **Notes**

There is no specific dress code for the day but please come clean and tidy and most of all safely dressed. Correctly fitted safety hats, riding boots (no wellies or trainers) and back protectors are highly recommended for show jumping and compulsory for XC. This is a schooling day and we want to keep it as safe as possible.

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BOOKING FORM - PLEASE PRINT AND RETURN WITH CHEQUE OR SCAN AND EMAIL WITH CHEQUE IN THE POST TO FOLLOW WITH A COPY OF THE FORM FOR MY REF.

|                                                                                                                                         | QUANTITY | PRICE |
|-----------------------------------------------------------------------------------------------------------------------------------------|----------|-------|
| NAME                                                                                                                                    |          |       |
| EMAIL                                                                                                                                   |          |       |
| MOBILE                                                                                                                                  |          |       |
| Dressage Clinic - £25 (pay in advance)<br>Helen Williamson BHSAI                                                                        |          |       |
| Show Jumping Clinic - £50 (pay in advance)<br>Lucinda Fredericks or Louisa Lockwood<br>1 or 2 people please mark here -                 |          |       |
| Cross Country Clinic - £50 (pay in advance)<br>Diana Burgess/Cindy Sims/Charlie Lane                                                    |          |       |
| Dressage Practice - £15 (pay on the day)<br>30 min session of test riding of your choice or just flat work practice.                    |          |       |
| Show Jumping 2 x clear rounds - £15 (pay on the day)<br>Jump round and then go back and jump again!                                     |          |       |
| Cross Country 1 x horse per £15 (pay on the day)<br>Take your time and school round the course or practice your time all the way round. |          |       |
| Additional optional donations to the Charities<br>Salisbury Hospice and Willberry's Wishes                                              |          |       |

Please send a cheque payable to **Salisbury Hospice** to me at:

**Mrs Ali Welsh 9 Medlar Road Shrivenham Oxon SN6 8HB.**

Please send a copy of your entry with the cheque, marking it emailed to Ali on whatever date you sent it. I will take bookings in date order.

All advance monies will go to Salisbury Hospice and all clear round money to Willberry's Wishes. As far as possible it will be split 50/50. I will post clinic times on the Larkhill Equestrian website and facebook page on Thursday 11<sup>th</sup> August.

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### **Health and Safety**

The Organisers of the Event have taken precautions to ensure the health and safety of all who are present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the Organisers, Stewards and Officials.

Qualified veterinary support and medical support, with ambulances, are provided for the Event. Emergency farrier cover is also available. These services can be requested at the Secretary's Office.

Dogs must be kept on a short lead at all times.

### **General Hazard Warnings for Salisbury Plain Training Area**

The course and its surroundings are sited on a MoD range and training area, where live ammunition has been used. Please observe the following precautions:

- a. Approach and leave the course area using the signed routes and tracks. Do not stray away from these routes or the environs of the course.
- b. Do not touch any suspected munitions or any unfamiliar objects, even if you think they are safe or harmless. Any such objects sited must be reported to the Secretary's Tent as soon as possible.
- c. Be on the lookout for overgrown slit trenches, bomb craters, scrap metal, wire and trip flares.

It shall be deemed a condition of entry that neither the organisers nor landowners nor their agents shall be held responsible for any loss, injury, damage to competitors, onlookers, their property, horses or ponies, howsoever caused.



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